

THE **Santa Fe**

M A G A Z I N E

OCTOBER, 1953



Life Savers!

... see page 3



Solace for Sufferers!

The door to the hospital always swings open to members in need of medical or surgical care. Mrs. Maxine Swalwell, R.N., nursing supervisor, is shown helping Signal Helper Edgar Tilton, Quenemo, Kan., into the Topeka Hospital.

Santa Fe employe family is faithfully served 24 hours a day by new Topeka Hospital

*By F. M. Walters, Administrator
A.T. & S.F. Hospital, Topeka, Kan.*

TRUE importance of the Santa Fe Hospital, Topeka, Kan., is frequently brought into sharp focus following a derailment, explosion, automobile mishap or other major accident when, invariably, the newspaper account of the tragedy will report: "The injured were taken to the Santa Fe Hospital."

Not alone for accident and emergency cases, however, but for those in need of almost all kinds of hospitalization, the Topeka hospital and its staff stand constantly prepared to meet the employes' every need. Actually,



Administrative affairs of The A. T. & S. F. Hospital Association that includes employes of the Eastern, Western and P. & S. F. lines are divided between Chief Surgeon G. S. Hopkins, M.D., (left) who has charge of the medical and surgical services, and Fred M. Walters, Administrator, who has charge of all other administrative affairs.

this hospital is one place where skilled professional personnel, doctors, nurses, dietitians, technicians and other specially trained men and women are continuously ready to provide the latest advancements in health care to saving life, making patients comfortable, assisting them through their illnesses, convalescence and eventual recovery.

What's singularly important, but not always recognized, is the fact that this service is available 24 hours a day. The hospital's doors are never shut. The hospital has no sign: "Closed

for Vacation." The medical staff, personnel, equipment and facilities are always available to meet health needs of the Santa Fe family of employes—whatever they may be, whenever they might arise.

The military term "About Face" seems to adequately describe what has taken place in The A. T. & S. F. Hospital as the result of a program of reorganization, restaffing and building. The original building was erected in 1898 and 1899. This structure was typical of hospital buildings erected in that day with wooden floors, 16-foot ceilings and an open cage-type elevator shaft in the center of the building. Large rooms, commonly known as "bull pens" served as wards with 30 to 40 beds each. There were only four bathrooms and toilets for approximately 100 patients. There was no nurses' call system in many of the rooms.

Now, about face; take a look at this new hospital, the final wing of which was completed in June of 1953. A new modern fireproof building, costing in excess of \$1,300,000.00, has replaced the original building. The bed capacity has increased to 180 beds and new furniture and equipment have been provided in every department of the hospital. Smoking in bed by patients is about the only fire hazard in the new hospital. Even if such a fire started, it couldn't burn much more than the bed clothes.

Provision has been made for an out-patient clinic located on the ground floor and adequately staffed with doctors, nurses and clerks. This out-patient clinic serves approximately 100 patients each day.

The physical therapy department, with two arm-and-leg whirlpool baths, infra-red, diathermy, exercise equipment, is staffed with a registered physical therapist under the direction of a member of the medical staff.

The pharmacy, serving the needs of out-patients and bed-patients and staffed with two registered pharmacists, is located off the lobby of the out-patient clinic. Approximately 2,400



The pharmacy of the new hospital has a steady demand for new drugs which are working such miracles for sick people today. Medicines change so rapidly that supplies of one new drug may not be exhausted before a better one is made available. The Topeka Hospital Pharmacy, directed by L. C. Runyan, chief pharmacist, filled 25,505 prescriptions in 1952 and, in addition, handled all drugs used in the hospital.

prescriptions are now filled each month for out-patients.

The laboratory staff includes three registered technicians and two, sometimes more, student technicians—plus the part-time services of a pathologist. The student teaching program in the laboratory has proven very popular. It has been a means of supplying registered technicians for our own use and for work in other hospitals in the community. An average of more than 3,000 laboratory tests per month are being made. In connection with the laboratory is a special copper-shielded and grounded room in which electrocardiograms are made. A separate bedroom is provided for the making of basal metabolisms; also, provision

The voices of the telephone operators who answer "Santa Fe Hospital" dozens of times each day are those of Mrs. Carolyn Edwards, seated at the PBX Board, and Mrs. Daisy Joseph, standing. Immediately in front of Mrs. Joseph are the controls to the audible paging system used to locate doctors and other key personnel.





The purchasing of all food, drugs, supplies and equipment for both the Topeka, Kan., and Albuquerque, N. M., hospitals is handled through a central purchasing agent whose office is located in the Topeka Hospital. L. L. McKinney, purchasing agent, is shown dictating an order to Miss Mildred Coulter, secretary.



Housekeeping in the Topeka Hospital is under the direction of Mrs. Julia Crandall (right), assisted by Anna Northup (left), seamstress, and 22 other employees. The constant use of the hospital with "no days out for cleaning or repairs" requires daily attention to all parts of the building.



Zona Gale Tibbits, medical technician, is checking a unit of blood to make certain that it is for the patient intended before sending it to the patient's room for a transfusion. The Topeka Hospital Blood Bank is a part of the Topeka Blood Bank that serves all hospitals in Topeka.



Medical records are not new—the value of medical records being recognized as far back as in the days of Hippocrates, about 400 B. C. Today, medical records hold a prominent and highly important place in the modern practice of medicine. In the picture, Miss Lillie B. Stuever, medical records librarian, has just "pulled" a chart for Assistant Surgeon F. W. Rayburn, M.D.



Thirty-two of the 58 registered nurses, employed in the Topeka Hospital, were available for this picture. Front row, left to right: Mrs. Elizabeth Steelsmith, Superintendent of Nurses; Miss Edna Mae Stewart, Mrs. Mildred Hall, Mrs. Bernadette Stein, and Mrs. Alice Box. Second Row: Mrs. Nelle Lee, Mrs. Helen Walker, Mrs. Mildred Shelinbarger, Mrs. Mary Pratt, Mrs. Virginia Baird and Mrs. Margaret De Witt. Third Row: Miss Rose Norman, Mrs. Cathryn Flatten, Miss Irene Courter, Miss Barbara Svoboda, Miss Elaine Koppers, and Mrs. Irene Dinwiddie. Fourth Row: Mrs. Doris Marker, Mrs. Lola Gabel, Mrs. Wilma Hart, Mrs. Alice Currie, Miss Edith Ruscum, Mrs. Margaret Henry, Mrs. Ella Stolp, and Mrs. Almira Clark. Fifth Row: Mrs. Elizabeth Burns, Mrs. Betty Shepherd, Mrs. Mildred Rumpf, Mrs. Clara Collins, Mrs. Esther Leutert, Mrs. Audrey Berte, and Mrs. Bonnie Fischer.

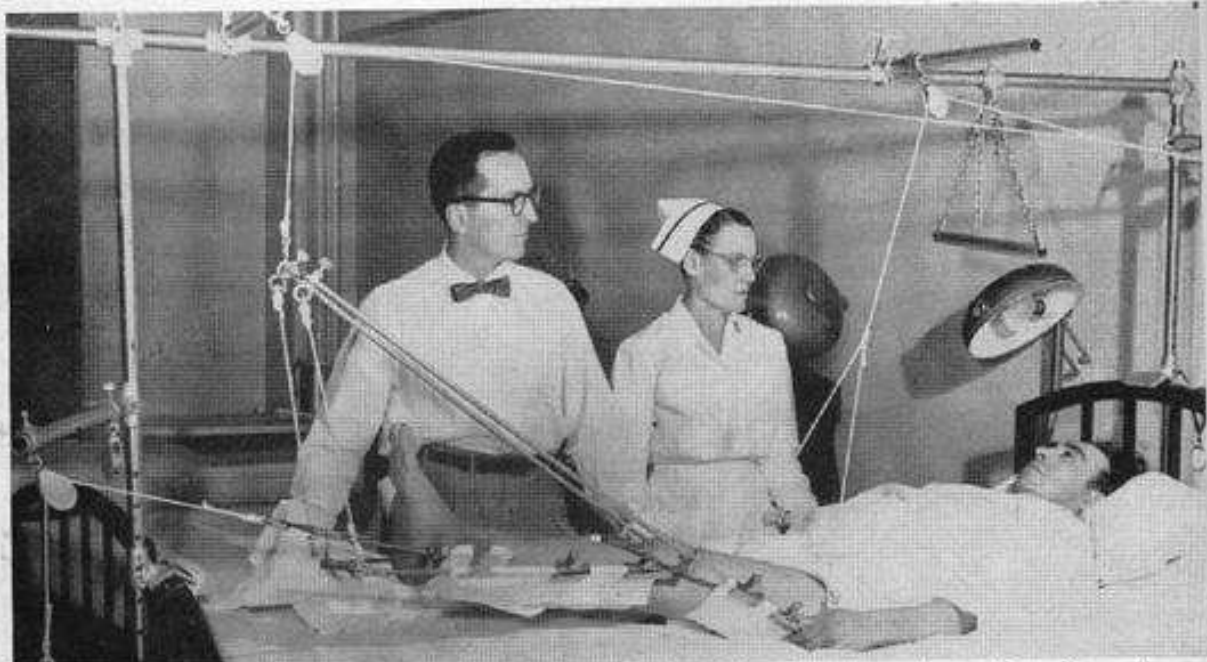
has been made for a room in which autopsies may be performed.

The X-ray department has grown from one technician, who formerly divided his time between the X-ray and laboratory, to two registered X-ray technicians plus the part-time services of a radiologist. The equipment consists of one therapy unit, two radiographic units, one mobile X-ray unit—all of the latest type and design. Approximately 500 patients per month are now having X-rays or X-ray therapy in this department.

The dietary department employs 32 employees whose duties include the preparation and

serving of all meals to the patients and employees. The supervisor of the department plans menus, orders foods and supplies, gives diet instructions to hospital and clinic patients, and supervises food preparation and food service by the employees.

The main units of this department are meat and vegetable preparation; bakery; salad preparation unit; dishwashing unit; storerooms and refrigeration; food service and employees' cafeteria. There are three large "walk-in" refrigerators for dairy products, fruits and vegetables, and meats. A large "walk-in" deep freeze is used for storage of frozen foods, meats and



Melchoir V. Medranno, painter-helper employed in the shops, Argentine, Kan., is apparently comfortable after having been placed in traction by W. M. Delaney, M.D., chief of surgery, and Mrs. Margaret Henry, R.N.

ice cream. A storeroom of staples and canned goods is kept stocked in the kitchen for daily use.

A decentralized form of food service is used in serving patients' trays. Electrically heated food conveyors are used to transport prepared food to the floor kitchens where trays have been "set up." Meals are served from these conveyors, placed on individual trays and immediately delivered to the patient's room. All dishes

are returned to the central dishwashing unit in the kitchen for washing and sterilizing.

The hospital now has a thoroughly modern central supply equipped with a pneumatic tube system, a dumb waiter, and a service elevator, serving all nurses' stations, the pharmacy, laboratory, X-ray, surgery and other areas in the hospital. All supplies, including intra-

(Continued on page 16)



Checking and paying charges submitted by local drug stores, hospitals and more than 800 local surgeons, specialists and dentists each month, together with the correspondence in connection with statements of charges are full-time jobs for these five employes: (left to right) Mrs. Mary Perkuhn, clerk, (seated); Mrs. Edna Milton, clerk; Mrs. Helen Stuessie, secretary to the administrator; Mrs. Dora Oberheim, bookkeeper, and Mrs. Gladys White, clerk.

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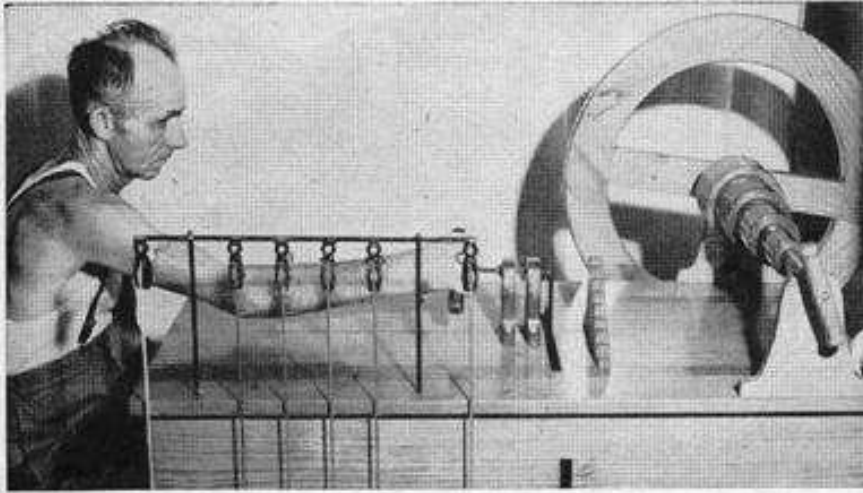
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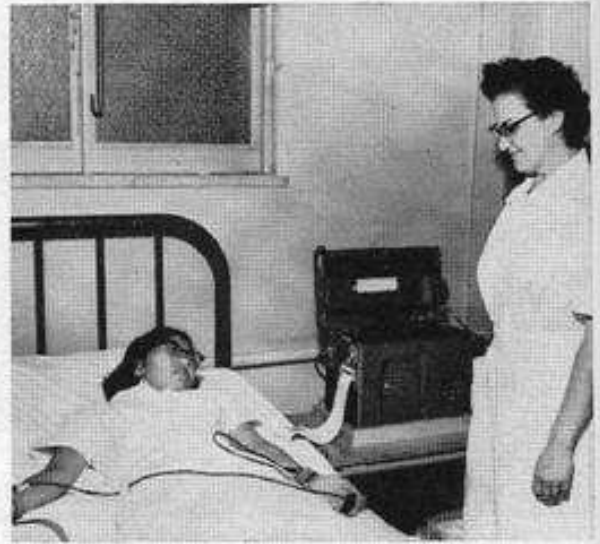
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This exercise table is used in exercising the fingers, hand and wrist to rehabilitate the fractured part to functional use. Shown is Dennis N. Crim, section laborer, Burlingame, Kan., regaining motion in his wrist after a fracture.



Many patients look forward to the frequent visits of Mrs. Daisy Joseph with the "Patients' Traveling Library." This library, contributed to the Topeka Hospital in December 1951, was sponsored and the books collected by the Santa Fe Toastmistress Club. It contains more than 1000 volumes, plus many magazines and other publications, all of which furnish reading materia' to patients while confined in the hospital.

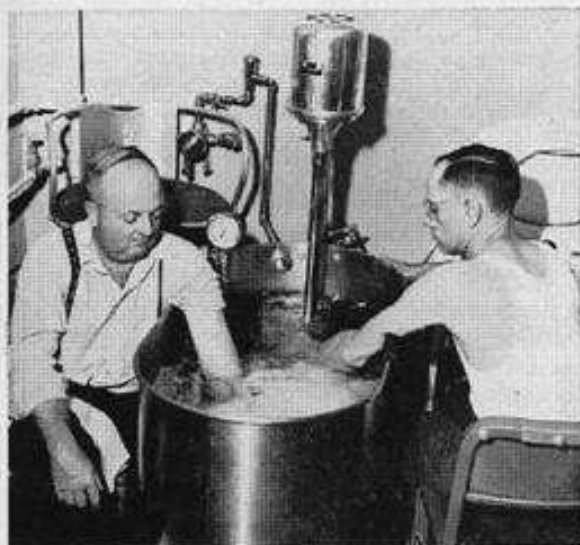


Dorothy Ford, technician, is taking an electrocardiograph on Miss Dorothy Kodama, student technician. The electrocardiograph tracing aids in the correct diagnosis of heart ailments. If the patient's condition permits, the tracing is taken in a special copper-shielded room, adjacent to the laboratory, in order that interference with static electricity will be eliminated.



The center of activity in the hospital kitchen is the cook's unit where all meats and vegetables are prepared for as many as 20,000 meals a month. Fay Chatham, cook (left), and Covie Stanley, diet cook, are preparing braised steak for the noon meal. The cook also prepares all desserts, cakes and pies used in the hospital.

Delbert Bonnel, chief medical technician, is taking a specimen of blood for chemical analysis from Robert K. Corkhill, annuitant.



This tank is called a whirlpool bath, which is filled with controlled temperature water. The agitator at the end of tank mixes air with the water, giving a massaging effect to the part being treated. Pictured are Willis L. Hamilton (right), machinist helper, Dodge City, Kan., and Karl W. Franks, electrician, Topeka, taking whirlpool baths to reduce stiffness in fractured wrists.



All supplies such as syringes, needles, dressing, rubber gloves, intravenous preparations and others are assembled in one room known as Central Supply. Signed requisitions are received from the floors through the pneumatic tube system for each item requested. Shown is Mrs. Dorothy Wooster, R.N., removing a requisition from a pneumatic tube carrier at the central station.

Approximately three tons of linen are laundered in the well-equipped laundry each month. Shown in the picture are Maurice Roudybuš, head laundryman, at the controls of the flat-work ironer; Mrs. Catherine Bordner, removing linen from the ironer; Mrs. Alda Koller (left) and Mrs. Agnes Kennedy at the folding table. John Leonard, assistant laundryman, is in the background.





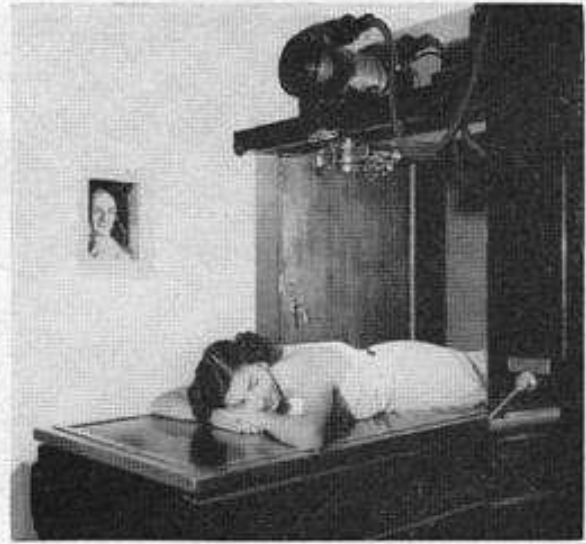
Accident victims and others needing emergency treatment are brought into the emergency room near the ambulance entrance. In the above picture, R. L. Braunsdorf, M.D., assistant surgeon, and Adeline Hoover, R.N., are shown taking care of an injured hand for Dorothy Ford, patient.

venous solutions, syringes, needles, dressings, orthopedic equipment and aspirators, are distributed from the central supply room. Oxygen is also distributed from there.

The five operating rooms are equipped with the latest surgical furniture, lights, conductive tile floors, explosion-proof electrical outlets, air-conditioning and humidity control. The cystoscopic room, located in surgery, is equipped with a standard cystoscopic table with its own X-ray unit. Anesthesia is under the direction



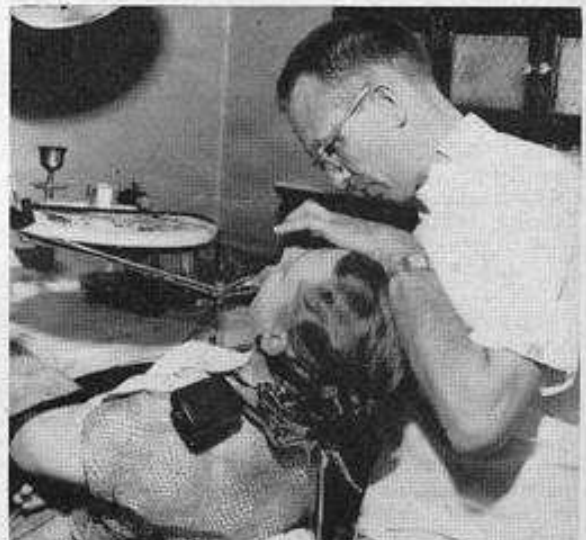
Shown adjusting the therapy machine preparatory to giving therapy to Miss Donna Corporon, clerk, is Mrs. Faye Ford, assistant X-ray technician. The recently installed therapy machine is capable of producing 250,000 volts and is so built as to be entirely shock proof. This machine, since its installation, has been in daily use in our new therapy department.



Miss Charlotte Hobson, medical secretary, is receiving instructions from T. A. Sanders, chief X-ray technician, preparatory to receiving a radiograph of her gall bladder region. This new department has two radiographic rooms, each equipped with its own machine.

of a medical anesthetist, assisted by two registered nurse anesthetists.

When a hospital is fully approved by the American College of Surgeons, as our institution is, patients may be assured that they are receiving proper care at standards established through many years of research and study. Approval in itself, of course, is not a stamp of infallibility or maximum proficiency, but it means that a hospital building is a safe, sanitary, physical plant; that it possesses an or-



A constantly more important role in hospital service and in health service is being played by dentistry, which frequently contributes much to the recovery and comfort of patients. Adequate dental care is most essential in the treatment of many medical and surgical diseases. G. M. Hassur, D.D.S., with offices in the Topeka Hospital, is shown performing services for Lila Gairns, M.D. anesthesiologist.

ganized competent and ethical medical staff; that its medical records are accurate and complete; that clinical work is reviewed periodically; that adequate diagnostic and therapeutic facilities, including a clinical laboratory and x-ray department, are provided. Perhaps of greater importance to the patient and to those who work in the hospital, approval means that the hospital's administration, in cooperation with the medical staff, is constantly striving to improve its methods of caring for the sick and injured.

Here are some of the facts which portray, in brief, the tremendous service rendered by your hospital last year:

33,518 members received treatment in the out-patient clinic.

3,253 members were admitted as bed patients.

5,604 members were X-rayed.

38,927 laboratory examinations were made.

7,945 surgical operations were performed.

25,205 prescriptions were filled.

\$14.65 Cost per patient day for hospitalization.

\$ 2.91 Cost per patient day for services of the medical staff.

\$17.56 Total cost per patient day.

The policies of the association are formulated by a seven-man board of trustees representing the railway company and the various labor organizations. Those who direct the affairs of the hospital are not content with its present enviable record of service to humanity. They are dedicated to working continuously toward providing more and better care for all. This, they believe, can be accomplished through continuing to improve and expand the hospital facilities for the care and treatment of the sick and injured, through their participation in programs for the training and education of doctors, nurses, technicians and other health personnel.

Serving each member of the Association is a responsibility that cannot be achieved solely by the hospital medical staff, personnel or gov-

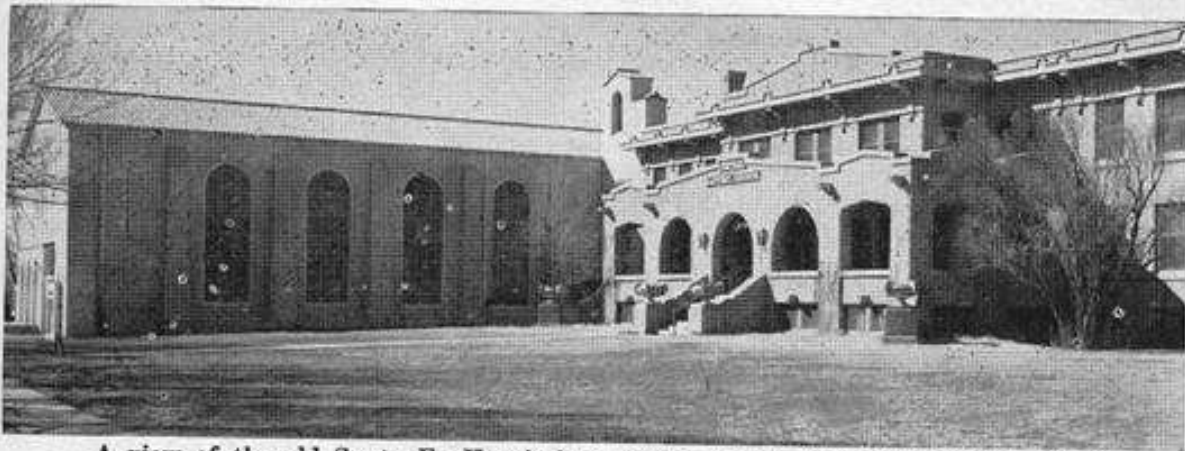
The employes pay cafeteria is open only to employes of the Topeka Hospital. An average of 5,000 to 6,000 meals is served each month.



The salad preparation unit is a busy part of the dietary department where Louise Devely, salad girl (right) prepares as many as 180 salads for the noon meal for the patients and employes. Miss Mary Alice Streator, dietitian, stops to answer a question for Louise concerning the number of salads to be prepared for the next meal.

erning board, nor can it be accomplished by the active participation and vigorous support of merely a few far-sighted members of the huge Santa Fe family. Rather, it is a task which requires the interest and cooperation of everyone.

No one knows when he will need the services of the hospital . . . tonight, tomorrow, next week, next year. Because it is very likely, however, that you may some day be the one requiring hospital care, it is vitally important that each employe take an immediate and personal interest in your hospital. By recognizing what the hospital means to you and by making a concerted effort to learn more about its service, rules and regulations, plans and problems, you can materially help your hospital provide better service to you and to each member of The A. T. & S. F. Hospital Association.



A view of the old Santa Fe Hospital at Clovis, N. M., now transformed into the Central Baptist Church with its beautiful new Spanish-style sanctuary.

Hospital to Church in

Clovis Changeover

Former Santa Fe hospital at Clovis, N. M., is transformed into Central Baptist Church

IT IS always inspiring to observe some person or some object which has been thought past a period of usefulness suddenly begin a new career or a new era of activity, many times far afield from their original function.

A striking example of such revived usefulness recently reached realization at Clovis, N. M., with the completion of the beautiful new Spanish-style sanctuary of the Central Baptist Church built around the old Santa Fe hospital there, and the erection in a bell tower connecting the new sanctuary with the former hospital structure, now a beautiful educational plant, of an old Santa Fe locomotive bell to sound the call to worship.

The transformation of the abandoned Santa Fe hospital structure, long a place of suffering and alleviation of physical pain, into a place for spiritual education and inspiration and for transforming the spiritual lives of people has been a wonderful thing to see.

This old Santa Fe locomotive bell now hangs in the bell tower of the Central Baptist Church. Shown on the occasion of the bell's presentation to the new church are Harry Gaines (left), fireman, and Dempsey Dixon, engineer.



And what better use for a retired Santa Fe engine bell than to call devoted people to their church? After having been in active service ringing out a warning for people to "Stay Away," it is appropriate for the bell to finish out its days of usefulness in calling people to Sunday devotion.

Santa Fe employes all over the system who have worked in the Clovis area and who may have been treated at the hospital will marvel at the changes wrought. The Rev. W. E. King, minister of the Clovis congregation since November 1949, reports that many Santa Fe people who go through the plant are tickled to point out the various rooms and say "I was operated on in this room" or "I was laid up with pneumonia in this room," or "Doc Miller sewed up my hand in this room and the things he said didn't sound like a Sunday School lesson"

And in its new guise, the former hospital is continuing to serve many Santa Fe employes. Mr. King writes us, "... many of the members of our church are employes of the Santa Fe and many of them hold leading places in the church. Henry Hill, secretary to the division superintendent, is a member of our Board of Deacons; George Brake, who is in the engineering department, is another of our Deacons; Edgar Bender, who is superintendent of shops

here, teaches a class of Intermediates in Sunday School and he and his wife are leaders of our Young People's group; A. C. Stinson, special officer, is the head of our Training Union department and also leader in our Boy Scout work. These are only a few of the Santa Fe employes who worship here and take a very active part in the life of the church."

The Central Baptist Church bought the Clovis hospital at 8th and Hinkle streets in 1949, remodeled it into an educational building, and, beginning in 1951, held their religious services in the basement. In January 1952, they began building the new sanctuary adjoining the former hospital building, and dedicated the whole plant on February 1, 1953.

The service that day marked the first time in the history of the church, organized in 1931, that worship was held in a real church sanctuary, an achievement in a long period of progress, spiked by an industrious and faithful group of people and spurred by the availability of two old Santa Fe relics just looking for a way to be useful!



Kid-sized Streamliner Inaugurated in Kansas

A NEW streamlined train, the Riverside Chief, is now serving the small fry of Independence, Kan., at Riverside Park.

The dedication ceremony, August 5, officially opened the new railroad line for business. An estimated crowd of 3,500 men, women and children were present to witness the first run of the new \$10,000 miniature train, which was purchased with borrowed money, to be paid back to the city fund with interest from receipts of the ten cents a ride fare.

Members of the Santa Fe section crew who laid the roadbed were the first run passengers around the 1,600 foot track. Ed Muldoon, foreman, was in charge of the project. As-

sistant City Engineer Roy Bluejacket served as engineer for the train for the first few rides. W. R. (Rip) Flanagan, park board member, served as conductor complete with cap and signal light. Park board members, city officials and Santa Fe officers and their wives were passengers on the second run.

Members of the Mid-Continent Oil Company band, under the direction of C. O. Brown, played a short concert preceding the formal opening and made the third trip, playing "Casey Jones."

Ralph Mitchell, city park chairman, "emceed" the program and mentioned the Rilco plant, Union Gas System, K.G.&E, John Duncan, the painter, and the Santa Fe for assisting in readying the train for operation. Vernon Plamer, a park board member, who was instrumental in the original plans of this project, introduced the following Santa Fe men who attended the event: Ben Morris, local agent; George Sherman, passenger traffic manager, Topeka; C. L. Davis, assistant general freight agent, Topeka; Mrs. Gertrude E. Lewis, special representative, public relations department, Topeka, who made the response to the dedication ceremony on behalf of the Santa Fe; C. L. Rich, general passenger agent, Kansas City; M. L. Woodward, division passenger agent, Kansas City; R. E. McCord, division freight agent, Chanute; Harold Lewis, trainmaster, Chanute; D. H. Brewster, diesel supervisor, Arkansas City, and F. B. Whitehurst, track supervisor.



FAST ENOUGH!

"In teaching shorthand and typewriting we make a great point of accuracy," the head of the business college explained.

"And how about the speed?" asked the prospective student.

The college head thought a moment, and replied: "Well, out of last year's class, 16 married their employers within three months."



Admiring crowds gather 'round the Riverside Chief as it loads up for a trip in the Riverside Park of Independence, Kan.